

Chiropractic/Acupuncture by Landmark™ Healthplan

Landmark Healthplan's Chiropractic and Acupuncture benefits are available for less than \$5 per month (for an entire family) with copays as low as \$15 per visit for up to 20 visits per year with FREE personalized health coaching and education services through its WellCall program.

WellCall is the nation's leader in personalized health management services and can help you:

- Reduce employee absenteeism. About half of all employee absenteeism is due to preventable illness and job-related stress.
- Improve employee productivity. On average, WellCall's services save members almost 16 hours of work time.
- Reduce healthcare costs – 70% of health claims are due to preventable illness.

	Plan 1	Plan 2
	Chiro Only	Chiro and Acupuncture
Office Visits Includes examinations, manipulation, conjunctive physiotherapy and X-Rays	\$15 Copay Per Visit Maximum - 20 Visits Per Year	\$15 Copay Per Visit Maximum - 20 Visits Per Year (combined between Chiropractic and Acupuncture)
Acupuncture Treatment Herbal Therapies*	Not Covered Not Covered	\$15 Copay Per Visit \$5 Copay Per Bottle (Maximum \$500 per year)
Chiropractic Discounts Office Visits Examinations Adjustments Diagnostic Procedures & X-Rays Chiropractic Medical Appliances	<i>In addition to the 20 office visits for \$15 each, members will receive additional discounts through Landmark Healthplan's network of providers. These additional discounts are listed below, but are not limited to:</i>	
	Minimum 25% Discount for Professional Services	Minimum 25% Discount for Professional Services
Acupuncture Discounts Office Visits Examinations Diagnostic Procedures All Acupuncture Procedures (Includes electro-acupuncture, moxibustion, acupressure and cupping)	Not Covered	Minimum 20% Discount for Professional Services
WellCall Wellness Referral and Counseling Services	Health and Wellness Referral and Counseling Services WellCall provides resources or information to meet virtually any need for preventive health and wellness assistance, including: weight management; fitness & exercise; smoking cessation; pre- & post natal care; parenting and; health self-management. Log on to www.wellcall.com or call 888-493-5522.	

* Herbal Therapies are for oral ingestion or external application of naturally occurring botanical, animal, or mineral substances to support normal structure and function of the human body according to the principles of traditional Oriental medicine.

Please refer to the CaliforniaChoice ChiroPlus brochure for more detailed benefit information.